

**WEEKEND MASSES**

ARDCATH: 6:30PM (SAT VIGIL)  
 CLONALVY: 10.00AM (SUNDAY)  
 CURRAHA: 11:30AM (SUNDAY)  
 CURATE: FR. STEVE CIUBOTARU  
[FRSTEVECC@GMAIL.COM](mailto:FRSTEVECC@GMAIL.COM) 0873379031



**PARISH OFFICE**

TUES & FRI: 1.00PM - 3.00PM  
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 WEB: [ARDCATH-CLONALVYPARISH.IE](http://ARDCATH-CLONALVYPARISH.IE)

PARISHES OF ST MARY'S ARDCATH, ST JOHN THE BAPTIST CLONALVY, ST ANDREW'S CURRAHA

**PARISH NEWSLETTER**

**THE FIFTH SUNDAY IN ORDINARY TIME**

9<sup>TH</sup> FEBRUARY 2025



Sunday	16 <sup>th</sup> Feb	MINISTERS OF THE EUCHARIST	MINISTERS OF THE WORD
Ardcath	6.30pm	Imelda Andrews	Paula Allison
Clonalvy	10.00am	Ann Whyte	Cathal Caffrey
Curraha	11.30am	Liz Keogh	Frances Duffy

Sunday 9 <sup>th</sup> February	Fifth Sunday in Ordinary Time
Vigil Ardcath	6.30pm M.M. Mary Tuite A.V. Thomas McConnell & DFM
Sunday Clonalvy	10.00am A.V. Agnes & Tony Keenan & DFM
Sunday Curraha	11.30am A.V. Tony Battersby A.V. Bridget & Vincent Gargan & Sr. Christopher Gargan A.V. Mary Doyle & Marie Hobbs
Mon. 10 <sup>th</sup> Curraha	7.30pm Phylis Moore
Tues. 11 <sup>th</sup> Clonalvy	9.30am Intention
Thurs 13 <sup>th</sup> Curraha	9.30am Jo Keogh
Friday 14 <sup>th</sup> Ardcath	9.30am Intention

Sunday 16 <sup>th</sup> February	Sixth Sunday in Ordinary Time.
Vigil Ardcath	6.30pm A.V. Nickie Hamilton
Sunday Clonalvy	10.00am
Sunday Curraha	11.30am M.M. Jo Keogh M.M. John Fleming

	Parishes Collection			Thank you for the generous support of the work and upkeep of our Parish
	Ardcath	Clonalvy	Curraha	
Offertory	€ 190.93	€ 119.47	€ 264.41	
Envelopes	€ 0.00	€ 10.00	€ 540.00	
Offerings	€ 70.00	€ 0.00	€ 930.00	

**The Sacrament of Confirmation:** We welcome the Most Rev. Thomas Deenihan, Bishop of Meath, to Ardcath/Clonalvy Parish on **Friday 14<sup>th</sup> February, 3:00pm** to impart the Sacrament of Confirmation upon our young parishioners. We pray for the *Confirmandi* as they are filled with the Holy Spirit, continuing their journey of Christian maturity and stand ready to live the gospel in our parish. Thank you to the children's teachers (Megan Heaney), Fr. Declan and the SNA's for preparing the children for this sacred day.



Scan me!!

**Online Donation and Parish Support.**  
Please scan code and follow instructions.



**Come, be a Minister of the Word!** The lector has the honour to proclaim the Word of God to the congregation at each Mass. The lector should have a good understanding of the scripture passages and then successfully communicate them to the congregation. If you feel called to serve being a lector, please approach any lector after Mass, or contact us via email. Please watch the bulletin for the next training opportunities.

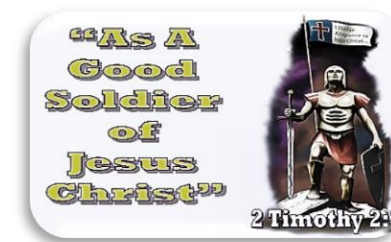
**Come, be a Minister of the Eucharist!** Assisting the clergy to distribute Holy Communion during Mass is the service of Extraordinary ministers. There is no ministry in the Church that holds a greater responsibility or privilege! These ministries require a loving commitment. If you have a calling to use your gifts and talents in this way or have any questions, please approach any minister after Mass, or contact us via email. Please watch the bulletin for the next training opportunities.



**Come, be a voice of our Choirs!** The Music Ministry is open to all parishioners who have the desire to sing and worship the Lord. If you play a musical instrument and would like to use your talent for the Lord, the Music Ministry provides an avenue through which individuals may share their gifts. Choral experience is helpful but is not a pre-requisite. For instrumentalists, a level of proficiency is required. If you feel called to serve singing, please approach any choir's member after Mass, or contact us via email.



**"Soldiers" of Jesus:** With Baptism, we become "new creations." With Confirmation, the Spirit unites us more closely to Christ and the Church through His gifts of wisdom, understanding, counsel, fortitude, knowledge, piety, and fear of the Lord. Without Confirmation, Baptism is still valid and efficacious, but Christian initiation remains incomplete. Confirmation also makes us "soldiers" of Jesus: the Spirit gives us special strength to bear witness to the faith. This was symbolized by the ritual of the "slap," a gesture taken from the military: prior to the liturgical reform (though some places still keep this tradition) the bishop would gently slap the cheek of the *confirmandi*, sending them into the world to "fight" for the faith.



**Deal with stress** (5 ways respond to stress) **1. PRAYER:** Turning to God in prayer should be the first thing we do. **2. PHYSICAL ACTIVITY:** Deep breathing, stretching, and getting exercise outdoors are all activities recommended. **3. TAKE A BREAK:** Try to avoid the temptation to stay in bed all day, though if you desperately need the sleep, go ahead and take it and don't feel guilty about it. **4. VERBALIZE YOUR WORRIES:** Talk to a friend, family member, priest or religious, or to a licensed therapist. **5. GET CREATIVE:** Creative activities help to respond in a positive and affirming way.

(Plus 3 things should NOT do!) **INDULGING; LASHING OUT; DESPAIRING.**

**Curragha I.C.A:** Our February meeting of Curragha I.C.A is on Monday 10<sup>th</sup> at 12.30 in the Parish Centre. Barry Russell Professional Gardener will join us for a demonstration and to answer all our gardening questions. Non-members welcome.

**Bulletin:** relevant news items of parish and local interest are always welcome for inclusion in the bulletin!  
**PLEASE TAKE A COPY OF THE BULLETIN HOME WITH YOU OR ONE FOR A NEIGHBOUR, RELATIVE or FRIEND.**